

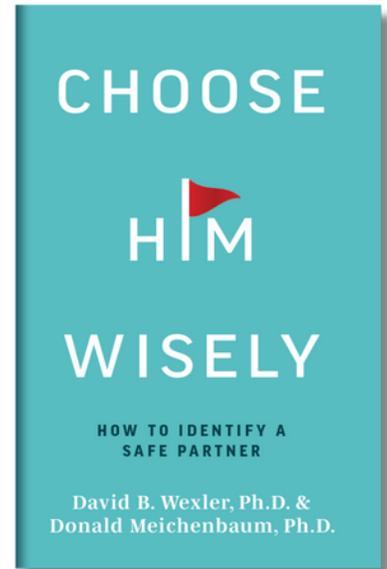
CHOOSE HIM WISELY: HOW TO IDENTIFY A SAFE PARTNER

**NEW from David B. Wexler, PhD
and Donald Meichenbaum, PhD**

New Book Title Available on October 22, 2025

PRE-ORDER TODAY ON AMAZON!

Paperback = \$18.99 or e-book = \$12.99



**FOR ALL WOMEN WHO ARE IN THE MIDST OF MAKING
DECISIONS ABOUT RELATIONSHIP PARTNERS:**

Learn how to avoid the mistakes of Gabby Petito and so many other talented, smart, and beautiful woman. This book highlights why it is critical for women to make smart and safe decisions in making the crucial life decision of choosing a partner and identifies the warning signs of abusive and controlling men: love-bombing, jealousy, blaming the partner, "too much, too soon", etc.

If you are a woman considering or entering a relationship--or if have a daughter, or a granddaughter, or a family member, or a student, or a client, or an employee, or even your mother-in-law, who is in the process of establishing a relationship with a man--then this book is for you.

"Choose Him Wisely", written by Ph.D. clinical psychologists with a combined nine decades of clinical and research experience working with victims of intimate partner abuse and male abusers, addresses these issues in a systematic and engaging fashion. Fueled by Dr. Meichenbaum's passion for protecting the women closest to him, he and Dr. Wexler created a way to help women make smart and safe decisions about their partners: a practical, user-friendly, and compact book that can help women make these critical decisions.

AVAILABLE SOON in paperback or e-format at www.rtiprojects.org or bookbaby.com or Amazon and other book outlets.



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Quite simply, we sincerely believe that if our daughter Gabby Petito had learned about domestic violence, whether in school, through conversations, or from a book like Drs. Wexler and Meichenbaum's Choose Him Wisely, her life could have been very different....We strongly endorse this book in honor of Gabby's memory."

--Nichole and Jim Schmidt, mother and stepfather of Gabby Petito, Founders of the Gabby Petito Foundation

I read "Choose Him Wisely" from cover to cover without putting it down. It is a must read for any woman at any age. Two great experts in the field, sharing what they have learned from years of experience. This book helps you understand what you might be feeling. Buy a dozen and give them to your relatives, friends and coworkers. They will thank you for it.

--Gael Strack, CEO and Co-Founder, Alliance for HOPE International

"Choose Him Wisely" is a powerful, practical guide to building safe and respectful relationships. Wexler and Meichenbaum empower readers to trust their instincts, recognize early signs of abuse, and make informed, life-changing choices. A must-read for anyone ready to break the cycle and build a future rooted in trust and emotional well-being.

-- Etiony Aldarondo, Ph.D., Executive Director, The Melissa Institute

"Choose Him Wisely" will save many women from injury and heartache. Readers learn the often-overlooked early warning signs of an abusive partner—before the damage is done. By offering straightforward advice on how to leave an unhealthy relationship safely and guideposts for a healthy relationship, this essential guide helps women choose the relationships they deserve: ones filled with safety, respect and love. This small but mighty book is a must read for every woman choosing a life partner.

--Christine A. Padesky, PhD, author of "Mind Over Mood: Change How You Feel by Changing the Way you Think"

It is often true, that we may have more influence over the entrance into a dangerous relationship than we realize. The problem is, we can't avoid what we don't identify. "CHOOSE HIM WISELY" has taken the crucial steps that can help potential victims identify and predict problem partners before they get involved. This book will have a positive impact in preventing dangerous partner selection.

--Sandra L. Brown, M.A., author of "How to Spot a Dangerous Man Before You Get Involved"