



The Melissa Institute  
For Violence Prevention and Treatment

**11th Annual Conference**

# **Trauma-focused Interventions for Children, Adolescents and Families:**

**School, Clinical and  
Community Approaches**

---

**Friday, May 4, 2007**

**8:30 a.m.- 4 p.m.**

**Victor E. Clarke Education Center  
South Miami Hospital  
U.S. 1 and SW 62 Avenue**

## 11th Annual Conference

# Trauma-focused Interventions for Children, Adolescents and Families: School, Clinical and Community Approaches

Friday, May 4, 2007

8:30 a.m.-4 p.m.

Victor E. Clarke Education Center

South Miami Hospital

U.S. 1 and SW 62 Avenue

---

## ABOUT THE CONFERENCE

Violence affects all racial, ethnic and socioeconomic groups, but its burden falls disproportionately upon urban, poor and minority populations. There is increasing evidence of the impact of trauma exposure on children's neurophysiological and psychological development. This conference brings together three world leaders — Drs. Esther Deblinger, Betty Pfefferbaum and Marleen Wong, who have vast experience working with victimized children, adolescents and their families. They will discuss ways to identify, assess and conduct intervention programs in various settings such as schools, clinics and communities.

A major focus of the conference will be the presentation of ways to implement evidence-based trauma-focused cognitive-behavioral therapies (TF-CBT). TF-CBT is the recommended standard of care for children and adolescents who have experienced abuse and trauma. (See [www.musc.edu/tfcbt](http://www.musc.edu/tfcbt) and [www.nctsn.org](http://www.nctsn.org) for descriptions of these treatment approaches.) The presenters will discuss how educators, physicians, mental health professionals, clergy, police officers and other members of the community can work to reduce the negative impact of trauma experiences and foster ways to nurture resilience.

## TARGET AUDIENCE

Educators, guidance counselors, psychologists, social workers, mental health workers, marriage and family therapists, social agency personnel, judges, law enforcement personnel, clergy, pediatricians, primary care physicians and psychiatrists.

## CONFERENCE OBJECTIVES

As a result of attending this conference, participants should be better able to:

- Identify and assess the effects of victimization;
- Conduct trauma-focused cognitive-behavioral treatment (TF-CBT);
- Address the needs of family members of traumatized children and adolescents;
- Implement trauma-based interventions in a variety of settings, including schools, clinics and communities.

## MEETING THE CHALLENGE: CONSIDERING SOME FACTS

(See [www.melissainstitute.org](http://www.melissainstitute.org) for a discussion of ways to nurture resilience in high-risk children and families)

- There are approximately 2 million cases of child maltreatment (physical abuse and neglect) each year in the U.S.
- 3.3 million children in the U.S. witness assaults against their mothers annually.
- 40 percent of men who abuse their female partners also abuse their children.
- 30 percent of children living in high-crime neighborhoods have witnessed a shooting, 35 percent have seen a stabbing and 24 percent have seen someone murdered.
- 20 million children live in households with an addictive caregiver, and of that population approximately 675,000 children are suspected of being abused.
- Exposure to violence is associated with childhood depression, behavioral problems, poor school performance, decreased IQ, impaired mental ability, lower grades and increased incidence of school absence.

## SCHEDULE

### Friday, May 4

- 8:00 a.m. Registration and Continental Breakfast
- 8:30 a.m. **Welcome and Opening Remarks**  
Suzanne L. Keeley, Ph.D., President of The Melissa Institute  
**Overview of Conference**  
Donald Meichenbaum, Ph.D., Research Director of The Melissa Institute
- 8:45 a.m. **Trauma Leaves Children Behind**  
Marleen Wong, LCSW, Ph.D.  
*(Examination of the impact of trauma experiences on children's development and the implications for screening and interventions)*
- 9:30 a.m. **Treatment of Children Who Have Suffered Child Sexual Abuse and Other Traumas: Lessons Learned**  
Esther Deblinger, Ph.D.  
*(Examination of the development of evidence-based trauma-focused interventions with victimized children and their family members)*
- 10:15 a.m. **Break**
- 10:30 a.m. **Current Issues in Child Disaster Mental Health: Clinical Applications**  
Betty Pfefferbaum, M.D., J.D.  
*(Examination of the lessons learned from natural disasters and terrorist acts and consideration of their clinical implications)*
- 11:30 a.m. **Panel Discussion and Question-and-Answer Period**  
(Moderator Dr. Donald Meichenbaum)
- 12:00 noon **Buffet Luncheon**
- 1:00 p.m. **Implementing a School-based Intervention: Lessons Learned from the Classroom, Board Room and "No Child Left Behind" Legislation**  
Marleen Wong, LCSW, Ph.D.  
*(Discussion of real-world experiences of working with all stakeholders in the school community to implement cognitive behavioral intervention for trauma in schools)*
- 2:30 p.m. **Break**
- 2:45 p.m. **Trauma-focused Cognitive Behavioral Therapy for Children and Parents**  
Esther Deblinger, Ph.D.  
*(Demonstration of how to conduct TF-CBT and treat traumatic grief in children and adolescents, followed by commentary by members of the panel)*
- 3:45 p.m. **Closing Remarks**
- 4:00 p.m. **Adjourn**

## CONFERENCE DIRECTOR

**Suzanne L. Keeley, Ph.D.**, is President of The Melissa Institute and a psychologist in private practice. She is also affiliated with Baptist Health South Florida. Dr. Keeley has had extensive clinical experience treating victims and perpetrators of violence.

## PRESENTERS

**Donald Meichenbaum, Ph.D.**, is Distinguished Professor Emeritus at the University of Waterloo, Ontario, and Research Director of The Melissa Institute. He is one of the founders of cognitive behavior therapy, and in a survey of North American clinicians Dr. Meichenbaum was voted "one of the 10 most influential psychotherapists of the century." He is a Distinguished Visiting Professor at the University of Miami.



Donald Meichenbaum, Ph.D.

**Esther Deblinger, Ph.D.**, is a professor at the University of Medicine and Dentistry of New Jersey. She is co-founder and co-director of the Child Abuse Research Education and Service Institute (CARES). She has published four books, including *Treating Sexually Abused Children and Their Non-offending Parent*, and co-authored *Treating Trauma and*



Esther Deblinger, Ph.D.

*Traumatic Grief in Children and Adolescents*, and a children's book. Dr. Deblinger has presented internationally on her pioneering work.

**Betty Pfefferbaum, M.D., J.D.**, is a child psychiatrist and chairman of the Department of Psychiatry and Behavioral Sciences at the University of Oklahoma College of Medicine, where she holds the Jonas Chair. She is Director of the Terrorism and Disaster Center of the National Child Traumatic Stress Network. Dr. Pfefferbaum organized clinical services after the 1995 Oklahoma City bombing, and consulted on many other disaster/terrorist events, including the aftermath of September 11, 2001.



Betty Pfefferbaum, M.D., J.D.

**Marleen Wong, LCSW, Ph.D.**, is Director of the Crisis Counseling and Intervention Service for the Los Angeles School District. She collaborated in the development and evaluation of CBITS (Cognitive Behavior Intervention for Trauma in Schools). She has consulted on trauma-focused interventions in the U.S., Canada and Asia. She is a member of the U.S. commission to prepare for the consequences of terrorism.



Marleen Wong, LCSW, Ph.D.

## REGISTRATION

Registration deadline is April 21, 2007. Space is limited; register early!

**11th Annual Conference — Trauma-focused Interventions for Children, Adolescents and Families: School, Clinical and Community Approaches** Friday, May 4, 2007 ■ Victor E. Clarke Education Center, South Miami Hospital

**Registration fee:** ☐ \$80 ☐ \$40 (Student) Conference proceeds will benefit The Melissa Institute for Violence Prevention and Treatment.

### Payment method:

- ☐ Check enclosed (Make payable to The Melissa Institute.)  
☐ Purchase Order number \_\_\_\_\_ (Please mail copy of registration to guarantee reservation.)  
Credit Card: ☐ American Express ☐ MasterCard ☐ Visa ☐ Discover

Card Holder Name \_\_\_\_\_ Account No. \_\_\_\_\_

Exp. \_\_\_\_\_ Signature \_\_\_\_\_

**Specialty professional credits required:** LICENSE # \_\_\_\_\_

- ☐ Florida Board of Psychological Examiners ☐ Florida State Board of Nursing ☐ AMA/PRA (CME)  
☐ Miami-Dade County Public Schools ☐ Florida Board of CSW, MFT and MHC

NAME \_\_\_\_\_ TITLE \_\_\_\_\_

INSTITUTION OR ORGANIZATION \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_ CITY/STATE/ZIP \_\_\_\_\_

WORK TELEPHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

**Mail to:** The Melissa Institute  
6250 Sunset Drive, Suite 204, Miami, FL 33143  
**For information, call 786-662-5210**

Cancellations must be sent in writing and postmarked by April 21, 2007, to receive a refund of the registration fee, less a \$10 administrative fee. Cancellations postmarked after April 22 will forfeit the registration fee.

## CREDITS

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Baptist Health South Florida and The Melissa Institute. Baptist Health South Florida is accredited by the ACCME to provide continuing medical education for physicians.

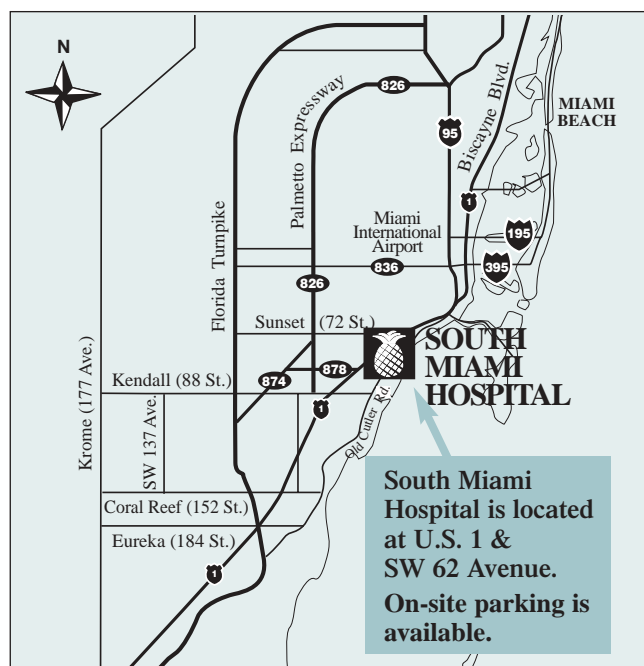
Baptist Health South Florida designates this educational activity for a maximum of 6 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

Baptist Hospital of Miami is approved as a provider of Continuing Psychological Education by the Florida Board of Psychological Examiners, provider #50-2467. This continuing education activity has been approved for 6 hours of Continuing Psychological Education credit.

This activity has been approved for 6 contact hours by Florida State Board of Nursing provider #50-182, Baptist Health South Florida Department of Education Services.

Baptist Hospital of Miami's Department of Social Work is approved as a continuing education provider for the Florida Board of Clinical Social Workers, Marriage and Family Therapy and Mental Health Counseling. Provider #BAP53, expiration 3/07. This continuing education activity has been approved for 6 contact hours.

Conference registration and payment to The Melissa Institute must be completed prior to registering for M-DCPS professional development credit online at <http://calendar.dadeschools.net>. Ten (10) master plan points will be awarded to participants who have completed a follow-up activity and have pre-registered online.



## FOR INFORMATION



# The Melissa Institute

For Violence Prevention and Treatment

786-662-5210

<http://www.melissainstitute.org>

<http://www.teachsafeschools.org>

### Board of Directors

Lynn Aptman, M.Ed.  
Michael Aptman, M.D.  
Vice President  
Yamile Barrera  
Jo Baxter, MBA  
Grace L. Carricarte, M.A.  
Kathryn H. Carroll, M.Div.  
Silvana Spinelli Casale, MA, CAES  
Penn B. Chabrow, Esq.  
The Hon. Norman Gerstein  
Susan M. Kahn, MBA  
Remi J. Kajogbola, MBA  
Suzanne L. Keeley, Ph.D., President  
Paul A. Lester, Esq.  
Philipp N. Ludwig, MBA, Treasurer  
Donald Meichenbaum, Ph.D.  
Research Director  
Elizabeth Ritter, Esq.  
Atlee W. Wampler III, Esq.

### Scientific Board

Etiony Aldarondo, Ph.D.  
Ann Kelley, Ph.D.  
James Larson, Ph.D.  
Donald Meichenbaum, Ph.D.  
Clifford O'Donnell, Ph.D.  
Debra Pepler, Ph.D.  
Isaac Prilleltensky, Ph.D.  
Wendy K. Silverman, Ph.D.  
Barbara Wasik, Ph.D.  
Dale M. Willows, Ph.D.

### Honorary Board

The Hon. Carlos Alvarez  
James Brady  
The Hon. Bennett H. Brummer  
Robyn E. Cassel, Esq.  
Alvah H. Chapman Jr.  
Armando Codina  
Richard Dailey  
The Hon. Katherine Fernandez Rundle

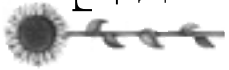
The Hon. Bob Graham  
Judith S. Katzen  
David Lawrence, Jr.  
The Hon. Cindy Lederman  
Sharon Lombardo  
The Hon. Carrie Meek  
Leonard Pitts  
Philip Scutieri  
Arthur Teitelbaum  
Cynthia Wolman

### Staff

Frank DeLaurier, Ed.D.  
Executive Director  
Sheldon Levy, Ph.D.  
Project Director  
Trish S. Ramsay, M.A.  
Education Director  
Janine Armstrong, B.S.  
Office Manager

*The mission of The Melissa Institute is to prevent violence and promote safer communities through education and application of research-based knowledge.*

**Education • Community Service • Research Support • Consultation**



# The Melissa Institute

For Violence Prevention and Treatment

6250 Sunset Drive, Suite 204 • Miami, FL 33143

Pre-sorted  
First Class  
U.S. Postage  
**PAID**  
Miami, FL  
Permit No. 3203