



The Melissa Institute
For Violence Prevention and Treatment

Eighth Annual Conference

Family Violence

**Intervention and
Prevention Strategies
in a Diverse Society**

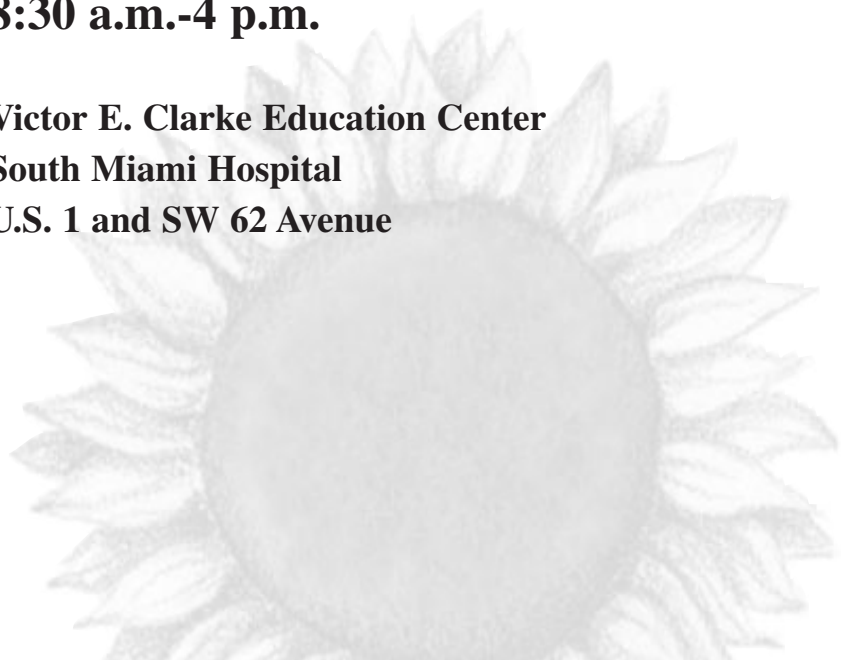
Friday, May 7, 2004

8:30 a.m.-4 p.m.

Victor E. Clarke Education Center

South Miami Hospital

U.S. 1 and SW 62 Avenue



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Family Violence:

Intervention and Prevention Strategies in a Diverse Society

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ABOUT THE CONFERENCE

Each year, at least 1.6 million women in the U.S. are assaulted by their partners and over 900,000 children are maltreated. It has been estimated that partner and child physical abuse and maltreatment co-occur in about 6 percent of all U.S. households. The rate of child maltreatment rises to 40 percent in families characterized by physical abuse. Children of battered women have higher rates of internalizing and externalizing behavior problems than do children raised in nonviolent families.

In terms of percentages, 28 percent of couples in the U.S. experience violence over the entire length of their marriage. Moreover, when violence occurs in couples, it tends to be repeated. What can be done to screen and identify family violence and to prevent its occurrence? How can communities and clinicians respond in an ethnically and culturally sensitive manner to prevent such violence and to provide effective interventions? How can one develop culturally competent intervention programs for victims and batterers? What can doctors, nurses, teachers, clinicians, police and judges do to address the epidemic of family violence?

In order to address these and related challenging questions, The Melissa Institute has assembled leaders in the area of family violence who have “expertise” in working with various minority populations. Dr. Gail Wyatt is one of the leading experts in working with the African-American population. Drs. Fernando Mederos and Etiony Aldarondo are leaders in the field of eliminating domestic violence in Latino populations. Dr. Donald Meichenbaum, research director of The Melissa Institute, will complement this distinguished panel in considering practical ways to intervene that are empirically based.

The conference will highlight both legal ramifications and possible policy decisions that address family violence. There will be ample opportunity for discussion and audience exchange. Examples of local initiatives in eliminating family violence in the Miami area will be considered and ways in which they can be more collaborative and effective will be highlighted.

CONFERENCE HIGHLIGHTS

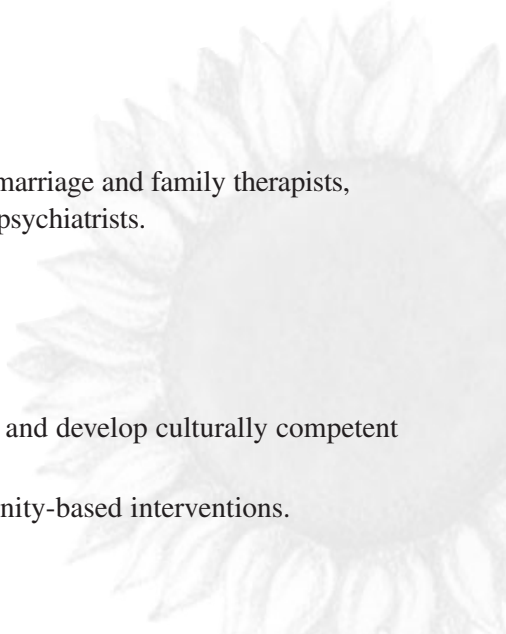
- Plenary sessions, workshops, panel discussions and question-and-answer periods.
- Descriptions of ethnically sensitive interventions and prevention programs.
- Detailed handout materials, videotaped demonstrations and training sessions.

TARGET AUDIENCE

Educators, guidance counselors, psychologists, social workers, mental health workers, marriage and family therapists, social agency personnel, judges, police personnel, pediatricians, family physicians and psychiatrists.

OBJECTIVES

Upon completion of this conference, participants should be able to:

- Screen and assess for family violence in victims and their family members.
 - Conduct both prevention and treatment programs in an ethnically sensitive manner and develop culturally competent curricula for victims of family violence.
 - Implement multifaceted psychotherapeutic interventions, school-based and community-based interventions.
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SCHEDULE

Friday, May 7

- 8:00 a.m. **Registration and Continental Breakfast**
- 8:30 a.m. **Opening Remarks and Welcome**
Suzanne L. Keeley, Ph.D., President of The Melissa Institute
- 8:45 a.m. **Family Violence: Incidence, Assessment and Impact**
Donald Meichenbaum, Ph.D., Research Director of The Melissa Institute
(Review the nature of family violence and implications for both treatment and prevention.)
- 9:30 a.m. **The Impact of Chronic Violence: Ethnic and Cultural Influence**
Gail Wyatt, Ph.D.
(Examine the impact of various forms of violence on families from cultural and ethnic perspectives with implications for treatment and prevention.)
- 10:30 a.m. **Break**
- 10:45 a.m. **What Can a Community Do to Address Family Violence?**
Fernando Mederos, Ed.D.
(Consider how to conduct a needs assessment, highlighting cultural and ethnic differences with implications for treatment and prevention.)
- 11:30 a.m. **Question-and-Answer Period**
Moderator: Etiony Aldarondo, Ph.D.
Panel: Morning Speakers
- 12:15 p.m. **Buffet Luncheon**
- 1:00 p.m. **Two Concurrent Workshops**
(See workshop descriptions below.)
- WORKSHOP I **How to Intervene with Family Violence: Cultural Components in Treatment and Preventive Approaches**
Gail Wyatt, Ph.D.
- WORKSHOP II **Community-based Interventions for Both Victims and Batterers**
Co-presenters: Fernando Mederos, Ed.D., and Etiony Aldarondo, Ph.D.
- 3:15 p.m. **Break**
- 3:30 p.m. **Putting It All Together: What You Should Take Home from This Conference**
Moderator: Donald Meichenbaum, Ph.D.
(Consider local initiatives and ways to improve collaboration and effectiveness. Lessons learned from other communities.)
- 4:00 p.m. **Adjourn**

WORKSHOP I:

How to Intervene with Family Violence: Cultural Components in Treatment and Preventive Approaches

Presenter: Gail Wyatt, Ph.D.

In this workshop, Dr. Wyatt will review her extensive experience in cultural diversity and consider the practical implications for working with minority populations, especially African-American families, where violence may occur. Ways in which victimized women can reclaim their lives by building on their strengths will be highlighted. Implications for public policy will also be considered.

WORKSHOP II:

Community-based Interventions for Both Victims and Batterers

Co-presenters: Fernando Mederos, Ed.D., and Etiony Aldarondo, Ph.D.

Based on their experience in working with diverse communities on family violence issues, Drs. Aldarondo and Mederos will highlight effective strategies for communities to develop ethnically sensitive, community-based prevention campaigns. These campaigns take a “cultural strengths” perspective, which involves identifying aspects of cultures (values, customs, role models) that are protective against domestic violence, and using this cultural knowledge as the basis of public education and prevention campaigns. They will also illustrate how this approach can be used to develop culturally competent curricula for batterer intervention programs.

CONFERENCE DIRECTOR

Suzanne Keeley, Ph.D., is president of The Melissa Institute and a psychologist in private practice. She is also affiliated with Baptist Health South Florida. She has had extensive clinical experience treating victims and perpetrators of violence.

PRESENTERS

Donald Meichenbaum, Ph.D., is Distinguished Professor Emeritus at the University of Waterloo, Ontario, and one of the founders of cognitive-behavior therapy. He has consulted and lectured worldwide on the impact of trauma and has published major clinical handbooks, Treating Adults with Post-traumatic Stress Disorder and Treatment of Individuals with Anger-Control Problems and Aggressive Behaviors (which often co-occur with trauma reactions). In a survey reported in American Psychologist, Dr. Meichenbaum was voted "one of the 10 most influential psychotherapists of the century." He is research director of The Melissa Institute.



Donald Meichenbaum, Ph.D.

Gail Wyatt, Ph.D., is a professor of Psychiatry and Biobehavioral Sciences at UCLA and director of the Sexual Health Program at Drew Medical University. She is the first African-American woman to be a licensed psychologist in California. She has contributed to more than 100 publications and has written six books, including Stolen Women — Reclaiming Our Sexuality, Taking Back Our Lives. Currently, she is editor of the Journal of Cultural Diversity and Ethnic Minority Psychology. Dr. Wyatt has conducted research in Jamaica, India, Angola and South Africa, and consults and lectures internationally.



Gail Wyatt, Ph.D.

She has received numerous awards for her many contributions in research and public advocacy.

Fernando Mederos, Ed.D., co-author of Programs for Men Who Batter: Intervention and Prevention Strategies in a Diverse Society (2002), is a writer, trainer and public speaker on domestic violence. He has consulted internationally on how to develop culturally competent curricula for batterer intervention programs, with special focus on Hispanic populations. He is an expert in developing community-based responses to domestic violence. Currently, he consults with the Domestic Violence Unit of the Massachusetts Department of Social Services, and is a trainer and technical assistance provider for the U.S. Department of Justice's Office for Violence Against Women on projects focused on coordinated community responses to domestic violence.



Fernando Mederos, Ed.D.

Etiony Aldarondo, Ph.D., is an associate professor in the Department of Educational and Psychological Studies at the University of Miami. He is co-chair of the National Latino Alliance for the Elimination of Domestic Violence. He is also a member of the National Advisory Board of the National Violence Against Women Prevention Research Center and research consultant to the National Institute of Justice and the Centers of Disease Control and Prevention. His publications include articles on ethnicity and wife assault and the clinical assessment of battering. He is co-author, with Fernando Mederos, Ed.D. of the Programs for Men Who Batter: Intervention and Prevention Strategies in a Diverse Society (2002).



Etiony Aldarondo, Ph.D.

Registration deadline is April 23, 2004. Space is limited; register early!

REGISTRATION

Eighth Annual Conference — Intervention and Prevention Strategies in a Diverse Society

Friday, May 7, 2004 ■ Victor E. Clarke Education Center, South Miami Hospital

Registration fee: \$80 \$40 (Student) Conference proceeds will benefit The Melissa Institute for Violence Prevention and Treatment.

Payment method:

- Check enclosed (Make payable to The Melissa Institute.)
Purchase Order number (Please mail copy of registration to guarantee reservation.)
Credit Card: American Express MasterCard Visa Discover Diners Club

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Exp. Signature

Specialty professional credits required: LICENSE #

- Florida Board of Psychological Examiners Florida State Board of Nursing
Miami-Dade County Public Schools Florida Board of CSW, MFT and MHC

NAME TITLE

INSTITUTION OR ORGANIZATION

WORK ADDRESS CITY/STATE/ZIP

WORK TELEPHONE E-MAIL

Mail to: The Melissa Institute
6200 SW 73 Street, Miami, FL 33143

For information, call 786-662-5210

Cancellations must be sent in writing and postmarked by April 23, 2004, to receive a refund of the registration fee, less a \$10 administrative fee. Cancellations postmarked after April 23 will forfeit the registration fee.

CREDITS

Baptist Hospital of Miami is approved as a provider of Continuing Psychological Education by the Florida Board of Psychological Examiners, provider #PCE-7. This continuing education activity has been approved for 6.5 hours of Continuing Psychological Education credit.

This activity has been approved for 6.5 contact hours by Florida State Board of Nursing provider #FBN2321, Baptist Health South Florida Department of Education Services.

Baptist Hospital of Miami, Department of Social Work is approved as a continuing education provider for the Florida Board of Clinical Social Workers, Marriage and Family Therapy and Mental Health Counseling. Provider #BAP53, expiration 3/05. This continuing education activity has been approved for 6.5 contact hours.

Miami-Dade County Public Schools will award 6 master plan points (TEC credits).

FOR INFORMATION



The Melissa Institute

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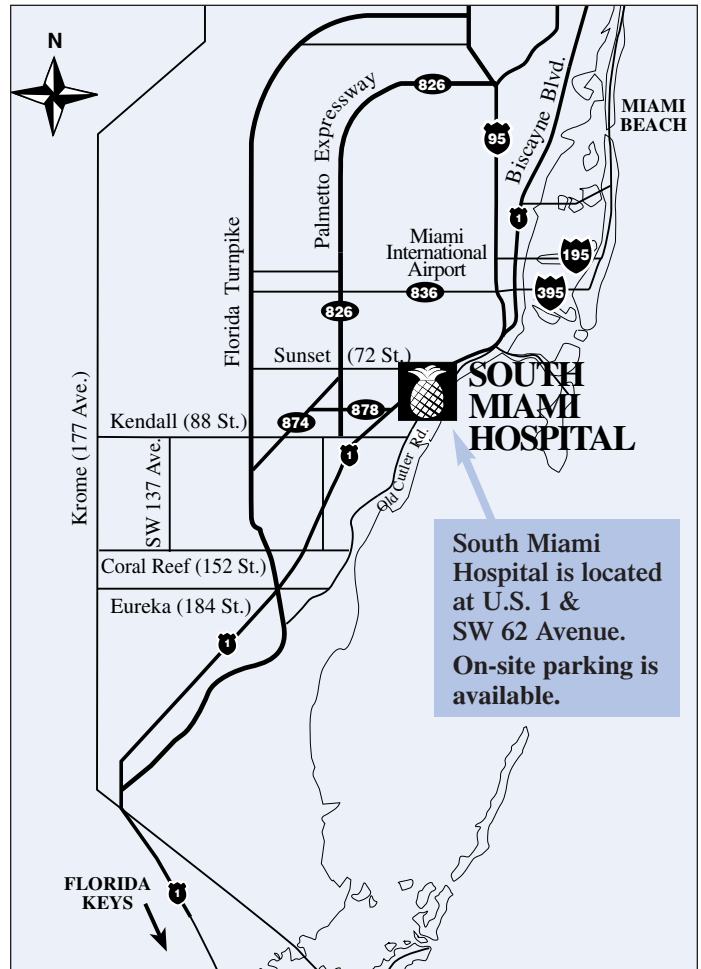
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Scholarship support provided by the
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The Institute's mission is to bridge the gap between research and direct application to reduce violence and to help victims and their families.

Education • Community Service • Research Support • Consultation



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