Fifth Annual Conference

Ethnic Minorities and Diversity

Implications for Violence Prevention and Treatment

Friday, May 4, 2001
8:30 a.m.-4:30 p.m.

Victor E. Clarke Education Center
South Miami Hospital
U.S. 1 and SW 62 Avenue
Minority groups comprise approximately 25 percent of the U.S. population today. This number is expected to increase to 40 percent by 2020 and to 50 percent by 2050. Epidemiological research indicates that minority youth have disproportionately high rates of mental health problems and they are more likely to live in poverty that exacerbates their vulnerability. In addition, minority youth are more likely to be victims as well as perpetrators of violence.

How can health care providers and social agencies meet the needs of the approximately nine million minority children, adolescents and their families who are at "high risk"? This conference has arranged for pioneers in the field of violence prevention and treatment to provide practical advice on how to establish programs that are sensitive to ethnic and racial diversity. The conference will also highlight the protective factors that have acted as "buffers" for ethnic minority youth and their family members. The implications of the research on resilience for violence prevention and educational achievement among minority youth will be highlighted.

Practical therapeutic advice will be offered on how to engage, implement and evaluate interventions with minority youth and their families. The presenters have broad and diverse backgrounds including the juvenile justice system, media, school-based and community-based interventions, and clinical practice. Panel discussions will allow for a dialogue on how to integrate these diverse perspectives into a racially and ethnically sensitive intervention approach.

This annual conference is dedicated to the memory of Melissa Aptman, a gifted young woman who was tragically murdered on May 5, 1995. In her name, family and friends founded The Melissa Institute, turning their grief into social action.

ABOUT THE CONFERENCE

CONFERENCE WILL FEATURE:

- Plenary sessions, panel discussions and question and answer periods.
- Description of local initiatives.
- Critical examination of the implications of racial and ethnic differences for assessment, diagnosis, prevention and treatment.

TARGET AUDIENCE

Educators, guidance counselors, school psychologists, psychologists, social workers, mental health workers, marriage and family therapists, social agency personnel, judges, police personnel, pediatricians, family physicians and psychiatrists.

OBJECTIVES

Upon completion of this conference, participants should be able to:

- Develop case conceptualization, treatment and evaluation plans that are sensitive to racial and ethnic differences.
- Implement culturally sensitive violence prevention programs.
- Conduct family- and community-based interventions that are responsive to ethnic diversity.
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 a.m.</td>
<td>Registration and Continental Breakfast</td>
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<td>8:30 a.m.</td>
<td>Opening Remarks</td>
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<td>Suzanne L. Keeley, Ph.D., President of The Melissa Institute</td>
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<td>Christine Kotler, Executive Director</td>
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<tr>
<td>8:45 a.m.</td>
<td>Introduction: The Challenge and Implications of Ethnic Diversity</td>
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<td>Donald Meichenbaum, Ph.D.</td>
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<td>9:15 a.m.</td>
<td>Violence Prevention: A Public Health Mandate</td>
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<td>Deborah Prothrow-Stith, M.D.</td>
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<td>10:00 a.m.</td>
<td>Break</td>
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<td>10:45 a.m.</td>
<td>Practical Lessons Learned from Implementing Violence Prevention Programs with Ethnic Minority Populations</td>
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<td>Deborah Prothrow-Stith, M.D.</td>
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<td>11:30 a.m.</td>
<td>Panel Discussion and Question &amp; Answer Period</td>
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<td>Moderator: Donald Meichenbaum, Ph.D.</td>
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<td>Presenters, Judge Tom Petersen and the Scientific Board of The Melissa Institute</td>
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<td>12:00 noon</td>
<td>Buffet Lunch</td>
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<td>1:00 p.m.</td>
<td>Media, Minorities and Violence: Who's Leading Whom Astray?</td>
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<td>Leonard Pitts Jr., Columnist</td>
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<td>1:45 p.m.</td>
<td>The Role of Families in the Prevention and Treatment of Problem Behaviors Among Hispanic Adolescents</td>
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<td>José Szapocznik, Ph.D.</td>
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<td>2:30 p.m.</td>
<td>Break</td>
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<td>2:45 p.m.</td>
<td>Lessons Learned from Working with Minority Families</td>
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<td>Yolanda Mancilla, Ph.D., Hilda Pantin, Ph.D., Lila Smith, M.D., and José Szapocznik, Ph.D.</td>
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<td>3:30 p.m.</td>
<td>Panel Discussion and Question &amp; Answer Period</td>
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<td>Moderator: Donald Meichenbaum, Ph.D.</td>
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<td>4:30 p.m.</td>
<td>Adjourn</td>
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**CONFERENCE DIRECTOR**

**Suzanne Keeley, Ph.D.**, is President of The Melissa Institute and a psychologist in private practice. She is on the medical staff of Baptist and South Miami Hospitals, not-for-profit affiliates of Baptist Health Systems of South Florida.

**SCIENTIFIC BOARD OF THE MELISSA INSTITUTE**

**Donald Meichenbaum, Ph.D.**, is Distinguished Professor Emeritus at the University of Waterloo, Ontario, and Research Director of The Melissa Institute. He is one of the founders of cognitive-behavior therapy and in a survey reported in the *American Psychologist*, he was voted “one of the 10 most influential psychotherapists of the century.”

**James Larson, Ph.D.**, is Professor of Psychology at the University of Wisconsin-Whitewater, and Coordinator of the School Psychology Training Program. He is a leader in the area of school violence prevention and has developed videotape training programs for children and adolescents. He is also an expert in parent management training.

**Debra Pepler, Ph.D.**, is Professor of Psychology at York University, Toronto, Ontario, and Director of The Judy LaMarsh Center for Research on Violence and Conflict Resolution. She is a leader in the area of gender differences in the development of aggression and the role of bullying. She has consulted internationally in the development of school-based programs.
GUEST FACULTY

Deborah Prothrow-Stith, M.D., is Associate Dean for faculty development and Director of the Division of Public Health Practice at the Harvard School of Public Health. A violence prevention expert and public health leader, she developed and wrote the first violence prevention curriculum for schools and communities and co-wrote *Deadly Consequences*, the first book to present a public health perspective on violence to a mass audience. She also developed *Peace by Piece: A Guide for Preventing Community Violence*, a how-to-guide for establishing community-based anti-violence programs. She served as Commissioner of Public Health for Massachusetts and was appointed to the National Commission on Crime Control and Prevention.

Judge Tom Petersen is retired from the Juvenile Division of the Miami-Dade County Circuit Court. As a judge, he initiated the TROY (Teaching and Rehabilitating Our Youth) Community Academy, a school for at-risk youth in the juvenile justice and public school systems. He also developed the Truancy Alternatives Program (TAP), which provides early identification and intervention for delinquent youths who are chronic truants. At the University of Miami, he teaches courses in criminal and juvenile justice.

Leonard Pitts Jr. joined *The Miami Herald* in 1991 as its pop music critic. Since 1994, he has penned a syndicated column of commentary on pop culture, social issues and family life. His new book, *Becoming Dad: Black Men and the Journey to Fatherhood*, was released in May 1999. Pitts was a finalist for a Pulitzer Prize in 1992. He has been honored by the Society of Professional Journalists, the National Association of Black Journalists and the Simon Wiesenthal Center, among others. He is a three-time recipient of the National Headliners Award. He is also on the Honorary Board of The Melissa Institute.

UNIVERSITY OF MIAMI FACULTY

José Szapocznik, Ph.D., is Professor of Psychiatry and Behavioral Sciences, Psychology and Counseling Psychology at the University of Miami. He is Director of the Center for Family Studies, considered the nation’s major systematic program of minority family therapy research. He also heads the university's Spanish Family Guidance Center.

Yolanda Mancilla, Ph.D., Hilda Pantin, Ph.D., and Lila Smith, M.D., are Research Assistant Professors at the Center for Family Studies. Their areas of expertise include family and community-based interventions, with a focus on minority populations.

REGISTRATION

Fifth Annual Conference
Ethnic Minorities and Diversity: Implications for Violence Prevention and Treatment
Friday, May 4, 2001 ■ Victor E. Clarke Education Center, South Miami Hospital

Registration fee:

- $55
- $25 (Student)  

Conference proceeds will benefit The Melissa Institute for Violence Prevention and Treatment.

Payment method:

- Check enclosed (Make payable to The Melissa Institute.)
- Purchase Order number ________________________________ (Please mail copy of registration to guarantee reservation.)

A registration confirmation notice will be mailed to you. For information, call 305-668-5210.

Specialty professional credits required: LICENSE # _________________________________

- Florida Board of Psychological Examiners
- Miami-Dade County Public Schools
- Florida State Board of Nursing
- Florida Board of CSW, MFT and MHC
- Florida Board of Nursing

NAME _____________________________________________________________________________________

LIST MEDICAL SPECIALTY, PROFESSION, OR GRADE LEVEL IF STUDENT _____________________________________________________________________________________

INSTITUTION OR ORGANIZATION _________________________________________________________________________________________________________________________

ADDRESS _______________________________________________________________________________________________________________________________________________

CITY/STATE/ZIP ___________________________________________________________ TELEPHONE ____________________________

Mail to: Registrar, Medical Education Department

Baptist Health Systems of South Florida

8900 North Kendall Drive, Miami, FL 33176

Cancellations must be sent in writing and postmarked by April 20, 2001, to receive a refund of the registration fee, less a $10 administrative fee. Cancellations postmarked after April 20 will forfeit the registration fee.
CREDITS

Baptist Hospital of Miami is approved as a provider of Continuing Psychological Education by the Florida Board of Psychological Examiners, provider #PCE-7. This continuing education activity has been approved for 6.5 hours of Continuing Psychological Education credit.

This activity has been approved for 6.5 contact hours by Florida State Board of Nursing provider #FBN2321, Baptist Health Systems Department of Education Services.

This activity has been approved for 6.5 contact hours by the Florida Board of Licensed Clinical Social Workers, Marriage and Family Therapists and Mental Health Counselors, Baptist Hospital of Miami Social Work Department, provider #BAP 53, expiration 3/03.

Miami-Dade County Public Schools will award master plan points (TEC credits).

FOR INFORMATION

The Melissa Institute
For Violence Prevention and Treatment
305-668-5210

We thank American Airlines, Baptist Health Systems of South Florida, The Biltmore Hotel and Miami-Dade Area Health Education Center for their support.