



The Melissa Institute
For Violence Prevention and Treatment

16th Annual Conference

Family-based Interventions With Children and Adolescents

Friday, May 4, 2012

8:30 a.m.- 4 p.m.

**Victor E. Clarke Education Center
South Miami Hospital
U.S. 1 and SW 62 Avenue**

Co-sponsored by



**Baptist Children's
Hospital**

BAPTIST HEALTH SOUTH FLORIDA

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ABOUT THE CONFERENCE

Recent reviews of evidence-based interventions have highlighted that some of the most effective treatments for children and adolescents with both externalizing problems (conduct and oppositional disorders, substance abuse and antisocial behaviors) and internalizing problems (anxiety and depressive disorders) directly engage parents as partners of the treatment team. This conference will review state-of-the-art effective ways to involve parents in treatment in a culturally and ethnically sensitive fashion.

Discussions and demonstrations by leaders in the field will include:

- Specific practical ways to include parents in treatment for a variety of disorders and behavioral problems.
- The core psychotherapeutic tasks that should be included in parent management training on both a treatment and preventive basis.
- How schools can more effectively engage parents.
- Detailed handouts, video demonstrations and clinical hands-on training to be provided in breakout sessions.

TARGET AUDIENCE

Educators, school counselors, psychologists, social workers, family mediators, mental health workers, marriage and family therapists, social agency personnel, judges, law enforcement personnel, clergy, nurses, pediatricians, primary care physicians and psychiatrists.

LEARNING OBJECTIVES

Upon completion of this conference, participants will be able to:

- Critically evaluate state-of-the-art parent training on both a preventive and treatment basis.
- Conduct assessment of parenting skills and tailor training in a culturally and ethnically sensitive fashion.
- Conduct specific interventions with children and adolescents who have externalizing, internalizing and co-occurring disorders and behavioral problems.
- Enhance the efficacy, generalization and maintenance of parent training programs.
- Improve parent participation in school-related activities (“What educators can do”).

CONFERENCE DIRECTOR

Suzanne L. Keeley, Ph.D., is President of The Melissa Institute and a psychologist in private practice. She is also affiliated with Baptist Health South Florida. Dr. Keeley has had extensive clinical experience treating victims and perpetrators of violence and in helping to facilitate healthy families.

KEYNOTE SPEAKER

Wansley Walters was appointed Secretary of the Florida Department of Juvenile Justice in January 2011. Secretary Walters is a great proponent of prevention and intervention as the best method to reduce detention and deep-end placement. When appointed by Governor Rick Scott, she was tasked with applying that approach to juvenile justice system reform for Florida. Previously, Secretary Walters was the Director of the Miami-Dade County Juvenile Services Department. She developed and headed a National Demonstration Project with the U.S. Department of Justice Office of Juvenile Justice and Delinquency Prevention (OJJDP) and national researchers in

the field of juvenile justice. The program facilitated a 10 year reform effort that has reduced juvenile arrests by over 50%, juvenile re-arrest by 80%, and secure detention by 66%. She is a frequent presenter on juvenile justice at both national and international conferences.

PRESENTERS

Jim Larson, Ph.D., is Professor Emeritus of Psychology and former Director of the School Psychology Training Program at the University of Wisconsin, Whitewater. He has more than 35 years experience with the study and treatment of anger-related behaviors in children and youth. Dr. Larson was a school psychologist with the Milwaukee Public Schools for 14 years and directed their violence prevention program. He is the author of numerous journal articles and book chapters on the subject of preventing violence and intervening in childhood aggression. He also has extensive experience in the area of parent management training and is the co-author of *Parent to Parent: A Video-augmented Training Program for the Prevention of Aggressive Behavior in Young Children* and co-author of *Helping School*

SCHEDULE

Friday, May 4

- 8:00 a.m. **Registration**
- 8:30 a.m. **Welcome and Introductions**
Suzanne L. Keeley, Ph.D., President of The Melissa Institute
- 8:45 a.m. **The Case for Family-based Interventions: Ways to Engage Parents in Clinical and Educational Settings**
Donald Meichenbaum, Ph.D.
- 9:00 a.m. **Family- based Interventions With Children and Adolescents With Externalizing Behavior Problems**
Jim Larson, Ph.D.
- 9:45 a.m. **Break**
- 10:00 a.m. **Core Tasks of Psychotherapy With Families: Applications to Children and Youth With Anxiety and Depressive Disorders**
Donald Meichenbaum, Ph.D.
- 10:45 a.m. **Family-based Interventions With Adolescents With Substance Abuse Disorders**
Howard Liddle, Ph.D.
- 11:30 a.m. **Question and Answer Period**
moderated by Donald Meichenbaum, Ph.D.
- 12:00 Noon **Lunch**
- 1:00 p.m. **Keynote Speaker**
Ms. Wansley Walters, Secretary of the Florida Department of Juvenile Justice
- 1:45 p.m. **Preventative Programs With Families: Raising Safe Kids**
Trish Ramsay, M.A.
- 2:15 p.m. **Break**
- 2:30 p.m. **Breakout Session: Clinical Workshops**
A. Focus on Children and Their Parents — Jim Larson, Ph.D.
B. Focus on Adolescents and Their Parents — Howard Liddle, Ph.D.
- 3:30 p.m. **Panel Discussion and Wrap up**
(Individual discussion groups will report on ways in which they can more effectively involve parents in their therapeutic programs.)
- 4:00 p.m. **Adjourn**

Children Cope with Anger: A Cognitive-behavioral Intervention, 2nd. Ed. His most recent book is *Think First: Addressing Aggressive Behavior in Secondary Schools*. Dr. Larson is a member of the Scientific Board of The Melissa Institute.

Howard Liddle, Ed.D., ABPP, is Professor in the Departments of Epidemiology and Public Health and Psychology, and Director of the Center for Treatment Research on Adolescent Drug Abuse at the University of Miami. A psychologist, Dr. Liddle's research focus is on the development, testing, implementation and dissemination of family-based treatment for adolescent substance abuse and delinquency. His research has been funded by numerous NIDA grants since 1985. Dr. Liddle's work has been recognized with career achievement awards from the American Association for Marriage and Family Therapy, the American Family Therapy Association, the Hazelden Foundation and the American Psychological Association.

Donald Meichenbaum, Ph.D., is Research Director of The Melissa Institute. One of the founders of Cognitive Behavior

Therapy, he was identified by his peers as one of the 10 most influential psychotherapists of the 20th century. Dr. Meichenbaum consults and lectures nationally. He has published extensively on topics related to family-focused interventions with children and adolescents.

Trish Ramsay, M.A., is Education Director of The Melissa Institute. She is a nationally trained coordinator and the Southeastern Regional Director for the American Psychological Association's Adults and Children Together (ACT) Raising Safe Kids program. Ms. Ramsay is a former Chairperson of Electroencephalographic (EEG) Technology at the Medical Center Campus of Miami Dade College and past president of the American Society of Electroneurodiagnostic Technologists. Her degrees include a B.S. in Health Occupations Education from Florida International University and an M.A. in Liberal Studies from the University of Miami. She has worked with the Institute for more than 10 years speaking to parents, educators, students and community stakeholders about bullying, literacy and positive parenting as violence prevention issues.

CREDITS

PSYCHOLOGISTS: Miami Dade College, Department of Community Education, is approved as a provider of Continuing Psychological Education by the Florida Board of Psychological Examiners, provider #50-2330. This continuing education activity has been approved for 7 contact hours of general Continuing Psychological Education credit for Psychologists and Limited License Psychologists. (Pending)

SCHOOL PSYCHOLOGISTS: Miami Dade College, Department of Community Education, is approved as a provider of Continuing Psychological Education by the Florida Office of School Psychology, provider #50-2330. This continuing education activity has been approved for 7 hours for School Psychologists. (Pending)

OTHER MENTAL HEALTH PROFESSIONALS: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida Board of Clinical Social Workers, Marriage and Family Therapists and Mental Health Counselors, provider #50-2330. This continuing education activity has been approved for 7 contact hours of general Continuing Education credit for Licensed Clinical Social Workers, Licensed Marriage and Family Therapists and Licensed Mental Health Counselors.

EDUCATORS: Conference registration and payment to The Melissa Institute must be completed prior to registering for Miami-Dade County Public Schools professional development credit online at <http://calendar.dadeschools.net>. Eight (8) master plan points will be awarded to participants who have completed a follow-up activity and have pre-registered online with M-DCPS.

FAMILY AND DEPENDENCY MEDIATORS: The Melissa Institute for Violence Prevention and Treatment is an approved provider of Continuing Mediator Education (CME) credits for Florida Supreme Court Certified Mediators. This program is approved for 6.5 general CME credits for certified Family and/or Dependency Mediators.

NURSES: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida State Board of Nursing, provider #50-2330. This continuing education activity has been approved for 7 contact hours of general Nursing Continuing Education credit for Registered Nurses, Advanced Registered Nurse Practitioners, Clinical Nurse Specialists and Licensed Practical Nurses.

PHYSICIANS: Miami Dade College, Department of Community Education, is approved as a provider of Continuing Medical Education by the Florida Board of Medicine, provider #50-2330. This continuing education activity has been approved for 7 hours of General (AMA Category I) Medicine for Physicians.

OCCUPATIONAL THERAPISTS: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida Board of Occupational Therapy Practice, provider #50-2330. This continuing education activity has been approved for 7 contact hours of general Continuing Education credit for Occupational Therapists.

CLINICAL LABORATORY PERSONNEL: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida Board of Clinical Laboratory Personnel, provider #50-2330. This continuing education activity has been approved for 7 contact hours.

Registration deadline is April 27, 2012. Space is limited; register early!

REGISTRATION

16th Annual Conference — Family-based Interventions With Children and Adolescents
Friday, May 4, 2012 ■ Victor E. Clarke Education Center, South Miami Hospital

Name _____ Title _____

Institution or Organization _____

Contact Address _____ City/State/Zip _____

Contact Telephone _____ Email _____

Registration fee: \$95 \$50 (Student) *Conference proceeds will benefit The Melissa Institute for Violence Prevention and Treatment.*

Payment method:

Check enclosed (Make payable to The Melissa Institute.)

Purchase Order number _____ (Please mail/fax copy of registration to guarantee reservation.)

Credit Card: American Express MasterCard Visa Discover

Card Holder Name _____ Account No. _____

Exp. _____ Signature _____

Specialty professional credits required: LICENSE # _____

Florida Board of Psychological Examiners

Florida State Board of Nursing

Miami-Dade County Public Schools

Florida Board of CSW, MFT and MHC

Florida Board of Medicine

Florida Board of Occupational Therapy Practice

Florida Board of Clinical Laboratory Personnel

Florida Office of School Psychology

Mediators (Family and Dependency)

Mail to: The Melissa Institute
6250 Sunset Drive, Suite 204, Miami, FL 33143

Fax to: 786-662-5211

For information, call 786-662-5210

Cancellations must be sent in writing and postmarked by April 27, 2012, to receive a refund of the registration fee, less a \$10 administrative fee. Cancellations postmarked after April 27 will forfeit the registration fee.

FOR INFORMATION



The Melissa Institute

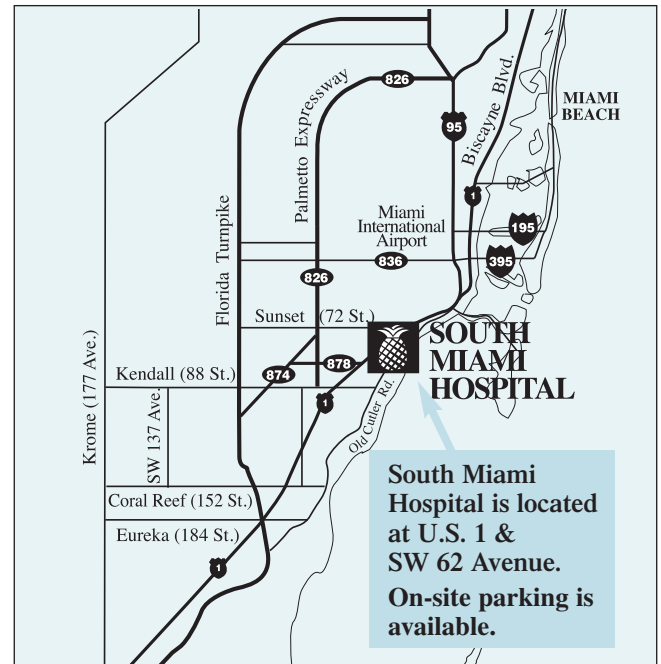
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*The mission of The Melissa Institute
is to prevent violence and promote safer communities
through education and application of research-based knowledge.*

Education • Community Service • Research Support • Consultation