



The Melissa Institute
For Violence Prevention and Treatment

Family Violence: Practical Interventions

Friday, September 28, 2007
8:30 a.m.-4 p.m.

Victor E. Clarke Education Center
South Miami Hospital
U.S. 1 and SW 62 Avenue



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ABOUT THE CONFERENCE

Each year, at least 1.6 million women in the U.S. are assaulted by their partners and more than 900,000 children are maltreated. It has been estimated that partner and child physical abuse and maltreatment co-occur in about 6 percent of all U.S. households. In homes where physical violence occurs toward a partner, the incidence of maltreatment of children rises to 40 percent. Children of battered women have higher rates of internalizing and externalizing behavior problems than do children raised in nonviolent families.

In terms of percentages, 28 percent of married couples in the U.S. experience violence over the entire length of their marriage, and family violence tends to be repeated. What can be done to screen and identify family violence and to prevent its occurrence? How can communities and clinicians respond in an ethnically and culturally sensitive manner to prevent such violence and to provide effective interventions? How can one develop culturally competent intervention programs for victims and batterers? What can mental health professionals, nurses, teachers, clinicians, police and judges do to address the epidemic

of family violence?

In order to address these and related challenging questions, The Melissa Institute has assembled leaders in the area of family violence who have expertise in working with various populations. Dr. Fernando Mederos is a leading clinician and trainer in the treatment of men who batter, child maltreatment and fatherhood programs. Dr. Etiony Aldarondo is a leading domestic violence researcher and advocate. Drs. Mederos and Aldarondo are both nationally recognized for their efforts to address domestic violence in Latino populations. Dr. Suzanne L. Keeley has an extensive background working with both the victims and perpetrators of domestic violence. Dr. Donald Meichenbaum, Research Director of The Melissa Institute, will complement this distinguished faculty by offering practical, research-based ways to intervene.

The conference will highlight the legal ramifications of family violence and the impact of policy decisions. There will be opportunity for discussion and audience participation.

CONFERENCE HIGHLIGHTS

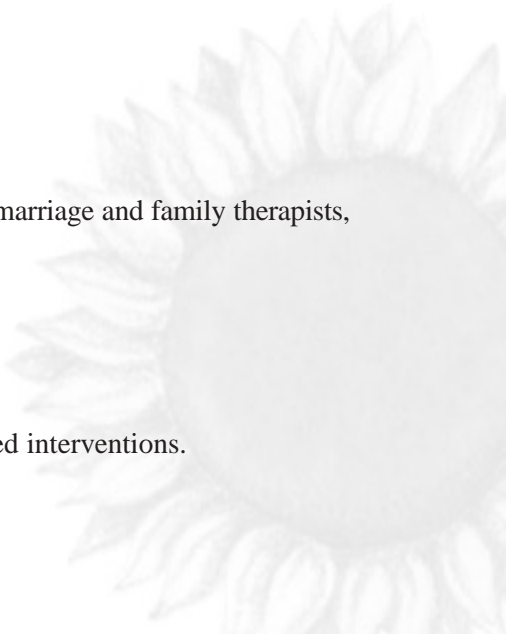
- Plenary sessions, panel discussions and question-and-answer periods
- Descriptions of culturally sensitive interventions and prevention programs
- Detailed handout materials

TARGET AUDIENCE

Educators, guidance counselors, psychologists, social workers, mental health workers, marriage and family therapists, social agency personnel, judges and law enforcement personnel.

OBJECTIVES

Upon completion of this conference, participants should be able to:

- Screen and assess for family violence in victims and their family members.
 - Implement multifaceted psychotherapeutic, school-based and community-based interventions.
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SCHEDULE

Friday, September 28

- 8:30 a.m. **Registration and Continental Breakfast**
- 9:00 a.m. **Opening Remarks and Welcome**
Suzanne L. Keeley, Ph.D., President of The Melissa Institute
- 9:10 a.m. **Family Violence: Incidence, Impact and Assessment**
Donald Meichenbaum, Ph.D., Research Director of The Melissa Institute
(Consider the nature of family violence and implications for assessment, treatment and prevention.)
- 9:30 a.m. **Evidence of Resilience in Victims of Domestic Violence**
Suzanne L. Keeley, Ph.D.
(Review video interview of a victim of domestic violence with psychotherapeutic interventions.)
- 10:00 a.m. **Evaluating the Efficacy of Interventions with Men Who Batter: Facts, Myths and Dilemmas**
Etiony Aldarondo, Ph.D.
(Critically examine the “state-of-the-art” evidence-based interventions and the role of ethnic/cultural factors.)
- 10:30 a.m. **Break**
- 10:45 a.m. **Doorways to Change: La Cultura Cura**
Fernando Mederos, Ph.D.
(How to conduct a culturally sensitive intervention with men who batter: A Latino example.)
- 11:30 a.m. **Panel Discussion: Question-and-Answer Period**
Moderator: Donald Meichenbaum, Ph.D.
Panel: Suzanne L. Keeley, Ph.D., Etiony Aldarondo, Ph.D., Fernando Mederos, Ph.D.
- 12:00 noon **Buffet Luncheon**
- 1:00 p.m. **Treatment of Perpetrators of Family Violence: Role-play Demonstration**
Fernando Mederos, Ph.D.
(Use role-play to demonstrate how to develop culturally sensitive, respectful, relationship-based interventions with male batterers.)
- 2:30 p.m. **Break**
- 2:45 p.m. **Treatment of Victims of Violence: Adults and Children**
Donald Meichenbaum, Ph.D.
(Examine how to implement the “core tasks of psychotherapy” with victims of family violence.)
- 4:00 p.m. **Adjourn**

PRESENTERS

Donald Meichenbaum, Ph.D., is Distinguished Professor Emeritus at the University of Waterloo, Ontario, and one of the founders of cognitive behavior therapy. He has consulted and lectured worldwide on the impact of trauma and has published major clinical handbooks, *Treating Adults with Post-traumatic Stress Disorder* and *Treatment of Individuals with Anger-Control Problems and Aggressive Behaviors* (which often co-occur with trauma

reactions). In a survey reported in *American Psychologist*, Dr. Meichenbaum was voted “one of the 10 most influential psychotherapists of the century.” He is Research Director of The Melissa Institute as well as a Distinguished Visiting Professor at the University of Miami.



Donald Meichenbaum, Ph.D.

Etiony Aldarondo, Ph.D., Associate Dean for Research in the School of Education at the University of Miami, is a national leader in domestic violence research and social justice-based clinical practices. He is a recipient of various recognitions for academic excellence, and his scholarship aims to promote both individual healing and social transformation. His publications include *Advancing Social Justice Through Clinical Practice* (Lawrence Erlbaum Associates) and, with Fernando Mederos, Ed.D., *Programs for Men Who Batter: Intervention and Prevention Strategies in a Diverse Society* (Civic Research Institute). Dr. Aldarondo has a long history of involvement with grassroots advocacy organizations and federal government agencies such as the Centers for Disease Control and Prevention, the Department of Health and Human Services and the National Institute of Justice. He currently serves on the national boards of directors for the Council on Contemporary Families, The Melissa Institute for Violence Prevention and Treatment and the National Latino Alliance for the Elimination of Domestic Violence.



Etiony Aldarondo, Ph.D.

Suzanne L. Keeley, Ph.D., is President of The Melissa Institute and a clinical psychologist in private practice. She is also affiliated with Baptist Health South Florida. Dr. Keeley has had extensive clinical experience treating victims and perpetrators of domestic violence. She has recently completed a video series with women who tell their



Suzanne L. Keeley, Ph.D.

stories as victims of domestic violence, sexual abuse and sexual assault. They share their journey of recovery and are motivated to educate and inspire other women. Dr. Keeley has been awarded the Distinguished Service Award in recognition of her outstanding psychological contributions in the area of public service from the Dade County Psychological Association, and the Miami-Dade County Red Cross Excellence Award for service to the mental health community.

Fernando Mederos, Ed.D., co-author with Etiony Aldarondo, Ph.D., of *Programs for Men Who Batter: Intervention and Prevention Strategies in a Diverse Society* (2002), is a writer, trainer and public speaker on domestic violence. Currently he is Director of Special Projects – Fatherhood for the Massachusetts Department of Social Services. Dr. Mederos has consulted internationally on how to develop culturally competent curricula for batterer intervention programs, with special focus on Hispanic populations. He is an expert in developing community-based responses to domestic violence. He has consulted with the Domestic Violence Unit of the Massachusetts Department of Social Services and the U.S. Department of Justice’s Office on Violence Against Women. He is Co-chair of the Board of the National Latino Alliance for the Elimination of Domestic Violence.



Fernando Mederos, Ed.D.

Registration deadline is **Friday, September 14. Space is limited; register early!**

REGISTRATION

Family Violence: Practical Interventions

Friday, September 28, 2007 ■ Victor E. Clarke Education Center, South Miami Hospital

Registration fee: \$80 \$40 (Student)

Conference proceeds will benefit The Melissa Institute for Violence Prevention and Treatment.

Payment method:

Check enclosed
(Make payable to The Melissa Institute.)

Purchase Order number _____
(Please mail copy of registration to guarantee reservation.)

Credit Card: American Express MasterCard Visa Discover

CARD HOLDER NAME _____ ACCOUNT NO. _____

EXP. DATE _____ SIGNATURE _____

Specialty professional credits required: (Please check) LICENSE # _____

Florida Board of Psychological Examiners Florida State Board of Nursing
 Miami-Dade County Public Schools Florida Board of CSW, MFT and MHC

NAME _____ TITLE _____

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CONTACT ADDRESS _____ CITY/STATE/ZIP _____

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Fax to: 786-662-5211

Register online at: www.melissainstitute.org

Mail to: The Melissa Institute, 6250 Sunset Drive, Suite 204, Miami, FL 33143

For information, call 786-662-5210

Cancellations must be sent in writing and postmarked by Friday, Sept. 14, 2007, to receive a refund of the registration fee, less a \$10 administrative fee. Cancellations postmarked after Sept. 14 will forfeit the registration fee.

CREDITS

PSYCHOLOGISTS: Baptist Hospital of Miami is approved as a provider of Continuing Psychological Education by the Florida Board of Psychological Examiners, provider #50-2467. This continuing education activity has been approved for 6 hours of Continuing Psychological Education credit.

NURSES: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida State Board of Nursing, provider #50-2330. This continuing education activity has been approved for 6 contact hours.

OTHER MENTAL HEALTH PROFESSIONALS: Miami Dade College, Department of Community Education, is approved as a continuing education provider for the Florida Board of Clinical Social Workers, Marriage and Family Therapy and Mental Health Counseling, provider #50-2330. This continuing education activity has been approved for 6 contact hours.

EDUCATORS: Conference registration and payment to The Melissa Institute must be completed prior to registering for M-DCPS professional development credit online at <http://calendar.dadeschools.net>. Ten (10) master plan points will be awarded to participants who have completed a follow-up activity and have pre-registered online.

FOR INFORMATION



The Melissa Institute

For Violence Prevention and Treatment

786-662-5210

<http://www.melissainstitute.org>

<http://www.teachsafeschools.org>

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The mission of The Melissa Institute is to prevent violence and promote safer communities through education and application of research-based knowledge.

Education • Community Service • Research Support • Consultation



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