



# ACT RAISING SAFE KIDS PROGRAM

**A Childhood Safety and Violence Prevention Initiative of the  
American Psychological Association**

## ABOUT THE PROGRAM

The ACT Raising Safe Kids Program is a national research-based, evidence-informed parenting program taught by service provider professionals who teach parents to create safe, healthy environments that protect children from violence before it begins.

## WHAT PROFESSIONALS LEARN

- ❖ **The risk factors for violence and its consequences in children's lives**
- ❖ **Practical methods of discipline to use with children.**
- ❖ **Protective factors and skills for effective parenting: anger management, peaceful conflict resolution, positive discipline and screen/media violence education**
- ❖ **Participation in community-wide prevention efforts with a support network of professionals**
- ❖ **The training qualifies for Continuing Education Units (CEUs) from Miami-Dade College and Miami-Dade County Public Schools Master Planning Points (MPPs).**

## WHO SHOULD ATTEND

The ACT SE Regional Training Center trains and certifies professionals who work with families of young children, many of whom come from backgrounds in early education, psychology, domestic violence counseling, social work, healthcare and community economic opportunity agencies. These trained professionals return to their organizations and lead the parent education program in their own community with the technical support and assistance of the ACT Southeast Center at The Melissa Institute for Violence Prevention and Treatment.



## ACT Raising Safe Kids Facilitator Training Workshop

Become an ACT Facilitator and conduct the APA's **ACT Raising Safe Kids** Program  
(Formerly known as *Parents Raising Safe Kids*)

The Melissa Institute is partnered with the American Psychological Association (APA) and its ADULTS AND CHILDREN TOGETHER (ACT) RAISING SAFE KIDS program. The mission of ACT is to educate and mobilize families, professionals and communities to prevent violence before it occurs.

The Melissa Institute for Violence Prevention and Treatment (TMI) is one of the APA's six Regional Training Sites for the ACT FACILITATOR TRAINING WORKSHOP and serves Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, North Carolina, Oklahoma, Tennessee, Texas and Puerto Rico.

Participants in the Institute's ACT FACILITATOR TRAINING WORKSHOP rated:

- ❖ Program instructors as very knowledgeable about early violence prevention
- ❖ Training materials as highly relevant to early violence prevention
- ❖ The training as very effective

**WHO SHOULD ATTEND** - The ACT FACILITATOR TRAINING WORKSHOP will benefit professionals and organizations working with caregivers of children aged 0-8 years, such as:

- Case Managers
- Childcare Workers
- School Counselors
- Mental Health Workers
- Social Workers
- Psychologists
- Law Enforcement Personnel
- Educators
- Clergy
- Marriage & Family Therapists
- Mediators
- Nurses and Medical Staff

**WHAT YOU LEARN** – ACT's evidence-based curriculum lets you help caregivers from all backgrounds by providing you:

1. Current information on how violence affects child development
2. How children experience violence and violent media
3. Risk factors for child violence in the family and its consequences
4. Parenting styles, protective factors and skills for effective parenting
5. Positive conflict resolution interventions with children
6. How to discipline vs. punish children
7. How to take this program into your community

### WHAT OTHERS HAVE TO SAY

- "This is one of the best courses I've ever taken."
- "Participating in the activities built my confidence to teach the *ACT Raising Safe Kids* program."
- "The training prepared me for the types of issues that might come up with people in my parent groups."
- "I can't wait to offer this program to families in my school!"

### WHAT YOU GET

- An ACT Facilitator Completion Certificate enables you to teach the 8-week *ACT Raising Safe Kids* program
- All curriculum materials needed to deliver the program to parents (available in English or Spanish)
- Increased effectiveness in your work with families and children
- Increased income for your agency or practice

### CONTINUING EDUCATION CREDIT

Participants who complete the program will receive 14 continuing education credits from Miami-Dade College, accredited for FL. State Board of Nursing; Miami-Dade County Public Schools; FL Board of CSW, MFT and MHC.

*This APA program was evaluated by the Battelle Centers for Public Health Research and Evaluation under a grant from the Center for Disease Control and Prevention. Findings indicate that it is a successful model and curriculum to prepare professionals and other adults to disseminate early violence prevention knowledge and skills.*



# The Melissa Institute For Violence Prevention and Treatment

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MelissaInstitute.org TeachSafeSchools.org ReadingTeacher.net SilenceTheViolence.org E-mail: Info@MelissaInstitute.org

## ACT Raising Safe Kids Facilitator Training Schedule

### REGISTRATION FORM

**Registration Fee): \$225 for two-day (consecutive days 8:30 a.m. – 4:30 p.m.) course includes lunch both days, Facilitator Manual, Parent Handbook, Motivational Interviewing Manual, Evaluation Manual, brochures, CD to replicate materials and DVD of a PSA.**

**Victor E. Clarke Education Center  
South Miami Hospital  
6200 SW 73 Street  
Miami, FL 33143**

**\$225** \_\_\_\_\_ **Mon/Tue**      Sep. 29-30, 2014 –Classroom E

*The session is limited to the first 20 persons with paid registration of **\$225. (2 days/14 CEUs)**  
Cancellations must be 7 days advance and fee will be applied to rescheduled training.  
Registration deadline 7days prior to each training session.*

#### Payment method:

- Check enclosed (Make payable to The Melissa Institute.)
- Purchase Order number \_\_\_\_\_  
(Please mail copy of registration to guarantee reservation.)
- Credit Card: American Express\_\_ MasterCard\_\_ Visa\_\_ Discover\_\_

Card Holder Name \_\_\_\_\_

Account No. \_\_\_\_\_ Exp.Date \_\_\_\_\_

Signature \_\_\_\_\_

#### Specialty professional credits required: (Please check)

LICENSE # \_\_\_\_\_

\_\_\_ FL. State Board of Nursing

\_\_\_ Miami-Dade County Public Schools

(Please also register online for MPPs)

\_\_\_ FL Board of CSW, MFT and MHC

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

INSTITUTION OR ORGANIZATION \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

WORK TELEPHONE \_\_\_\_\_ CELL # \_\_\_\_\_

WORK E-MAIL \_\_\_\_\_

HOME E-MAIL \_\_\_\_\_

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